Information from Kyoto University Health service Katsura branch

We are offering the following services for to maintain and promote health of those who learn and work in Kyoto University.

✳ Primary care: Diagnosis and the treatment of a sickness and wounds, health guidance, health consultation.

10:00～12:30	Mon	Tue	Wed	Thu	Fri
Speciality	Closed	General medicine (internal medicine)	General medicine (internal medicine)	General medicine (psychiatry)	General medicine (psychiatry)

✳ Exercise（Please bring your training shoes ）

Uplift of a feeling and improvement of physical strength by exercise using a treadmill ergometer, a cycle ergometer, dumbbells etc.

＜Open＞12:00～13:00 and 14:00～16:30 from Monday through Friday

＊Please apply to the receptionist of the Katsura branch.

＊Web reservation is available. Please obtain user ID number & password at the branch office.

✳ Healing

Aromatherapy, music therapy, relaxation by a massage chair

＜Open＞12:00～13:00 and 14:00～16:30 from Monday through Friday (45 minutes per one person

＊Please apply to the receptionist of the Katsura branch.

＊Web reservation is available. Please obtain user ID number & password at the branch office.

✳ Counseling : For mainly psychological problems

（※Please apply to the Counseling Center in the main campus. phone:075-753-2515 extension in Yoshida 2515)

＜Open＞10:00～12:30 and 14:00～17:00 on Monday

＜The persons given below are eligible to use these services＞

＊ Students of Kyoto University

＊ Staff employees of Kyoto University

＊ Non-staff employees of Kyoto University

＊ Persons who are permitted to use the health service (e.g. Research Fellows)

※ We also offer emergency services, but when the doctor is not available or the diseases/injuries are beyond our capacity, we would refer to a medical institute in the neighborhood.

Kyoto University health service Katsura branch

Phone: （０７５）３８３－７３０８ (extension in katsura ７３０８)

URL : http://www.kyoto-u.ac.jp/health/index.html