

October 22, 2021

To all students,

Be sure to continue taking the essential measures to prevent COVID-19 infection

On October 21, Kyoto Prefecture shall withdraw its request that restaurants shorten their business hours, and on October 22, Kyoto University will resume face-to-face classes, while taking all possible measures to prevent the spread of COVID-19. However, as we are about to enter the season in which infectious diseases are easily spread, please be aware of the risk of COVID-19 infection increasing again.

Students are therefore requested to continue taking all possible measures, including the precautions listed below, to protect their own health and prevent the spread of the virus to themselves and others.

The impact of the novel coronavirus is not limited to its devastating impact as a physical disease; it is also having a serious impact on people's mental health. The Counselling Office of the university's General Student Support Center and departmental consultation services are providing counseling services for students. Please contact them by phone or via email if you have any problems or concerns.

Takashi Muranaka
Executive Vice-President for Student Affairs

*Please note that, since October 1, the level of activity restriction at the university has been Level 1 (as specified in the university's "Guidelines for the Restriction of Activities to Prevent the Spread of the Novel Coronavirus").

All students are requested to take the following precautions:

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| <p>① Be sure to continue taking the essential measures to prevent COVID-19 infection.</p> <ul style="list-style-type: none">● Most infections are caused by transmission of the virus via airborne droplets. As viruses mainly enter through nose and mouth, be sure to wear a face mask that fits snugly and completely covers your nose and mouth.● Take the essential COVID-19 prevention measures: wash hands frequently, practice social distancing, and avoid the "3Cs" of closed spaces, crowded places, and close contact.● Maintain a physical distance from others (over one meter), and don't engage in loud conversations.● Maintain appropriate temperature and humidity in rooms, and open windows and doors frequently.● Even if you have received a COVID-19 vaccination, continue to take essential virus-prevention measures, including wearing a face mask, washing hands, and cleansing hands with a hand sanitizer. |
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- ② If you feel unwell, please consult with a healthcare provider.
- If you feel unwell, please consult with a healthcare provider without delay.
 - Refrain from going outside, and don't overexert yourself if you feel unwell.
 - If you are confirmed to have been infected with the novel coronavirus, to have had close contact with an infected person, or if a family member or person cohabiting with you is confirmed to have had close contact with an infected person, please report the situation to your faculty or department of affiliation immediately.

- ③ When going outside, please take precautions to avoid the risk of infection.
- If using public transport to commute to the university, be sure to wear a face mask correctly, and refrain from talking while on board.
 - If the infection is spreading, please postpone going out or travelling, including travel to return to your family home.
 - When going outside, try to do so in small groups only—with family members or persons with whom you usually interact in daily life, and avoid crowded places/times.
 - When attending theaters, movie theaters, and other places and events where a large number of people gather, please be sure to take the essential measures to prevent the infection.

- ④ Please minimize the risk of infection when eating and drinking at restaurants.
- Do not stay at restaurants for a prolonged period of time, and leave the establishment quickly (within two hours).
 - When talking during meals, wear a face mask appropriately and don't speak in a loud voice.
 - Limit the group size at a table to four people or less.
 - Use restaurants that take appropriate virus prevention measures.

- ⑤ Other
- If you wish to receive a vaccination provided by the local government, please visit the relevant website and apply as soon as possible.
- * It is not mandatory to receive the COVID-19 vaccination to participate in activities at the university, and those who do not receive the vaccination will not be disadvantaged or penalized in any way.

Reference Materials:

- Kyoto University's Response to the Novel Coronavirus (COVID-19)
<https://www.kyoto-u.ac.jp/en/about/safety/coronavirus>

- Request to refrain from extracurricular activities (Ver. 10)
<https://www.kyoto-u.ac.jp/sites/default/files/inline-files/20211001-kagai-jisyuku-10-453f19da45a530b5cfc1184cf2bb636f.pdf> (in Japanese)

- Manual for Preventive Measures when Holding Extracurricular Activities (Ver. 10)
<https://www.kyoto-u.ac.jp/sites/default/files/inline-files/20211001-kagai-manual-10-051f6f3db985673d65650d4235ec0929.pdf> (in Japanese)

- Counselling Office of the Kyoto University General Student Support Center
<https://www.gssc.kyoto-u.ac.jp/counsel/english.html>

- Departmental consultation services (the website of the Kyoto University General Student Support Center)
<https://www.gssc.kyoto-u.ac.jp/counsel/additional.html> (in Japanese)

- Kyoto Prefecture Website: New Normal from October 22nd
<http://www.pref.kyoto.jp/kokusai/documents/nichijyo1018eng.pdf>

- Kyoto Prefecture Website: Information on the novel coronavirus infection
<https://www.pref.kyoto.jp/kentai/news/novelcoronavirus.html> (in Japanese)

- Kyoto Prefecture Website: Medical consultation, services, and tests for the novel coronavirus
<https://www.pref.kyoto.jp/kentai/corona/soudan.html> (in Japanese)

- Kyoto Prefecture/City: Please cooperate with “Kyoto Manners” when eating and drinking!
https://www.pref.kyoto.jp/kikikanri/documents/kyoto_manners_chirashi_en.pdf

- Kyoto Prefecture: “Youtube videos to raise student awareness of the new lifestyle”
<https://www.pref.kyoto.jp/fu-daigaku/news/2020animation.html> (in Japanese)

- Kyoto Prefecture: COVID-19 Vaccination—Raising Awareness and Ensuring Safety (Youtube video by Kyoto Tachibana University)
<https://www.pref.kyoto.jp/fu-daigaku/news/2021tachibana-vaccine.html> (in Japanese)

- Message about the COVID-19 Vaccination to Students in Kyoto (Issued by the Consortium of Universities in Kyoto, Kyoto Prefecture, and Kyoto City)
http://www.pref.kyoto.jp/fu-daigaku/news/documents/2021kyodomessage_vaccines.pdf (in Japanese)

- COVID-19 Information and Resources (Cabinet Secretariat website)
<https://corona.go.jp/en/>
- Covid-19 Contact-Confirming Application (COCOA) (the website of the Ministry of Health, Labour and Welfare)
https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/cocoa_00138.html (in Japanese)
- About the COVID-19 vaccination (the website of the Ministry of Health, Labour and Welfare)
https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/vaccine_00184.html (in Japanese)
- COVID-19 Vaccine Navi (the website of the Ministry of Health, Labour and Welfare)
<https://v-sys.mhlw.go.jp/en/>