

# 外国人留学生・研究者のための学内相談窓口

## On Campus Advising Services for Int'l Students & Researchers

- ◆ 留学生ラウンジ「きずな」(ピアサポート)  
Student Lounge 'KI-ZU-NA' (Peer support)  
TEL : 075-753-2564
- ◆ 留学生相談室 (教育推進・学生支援部棟内/旧石油化学教室本館 1階)  
Int'l Student Advising Office  
(Education Promotion and Student Support Department Bldg. / Former Main Bldg. of the Petrochemistry Course, First floor)

### ◆ はじめて相談する方へ To make your first visit:

留学生相談室で、臨床心理士あるいは精神科医のカウンセリングを希望される場合は、**主訴をお書きの上**、下記へ予約メールを送ってください。  
**オンライン・対面対応いずれも可能ですので、ご相談下さい。**

「きずな」では予約なしで相談を受け付けます。相談員が在室する時間内に直接来室ください。

お問い合わせメールはいつでも受け付けておりますが、返信には数日要することもございます。

E-mail: advising\_international@mail.assdr.kyoto-u.ac.jp (\*を@に変換してください)

In order to receive counseling from Clinical Psychologists or Psychiatrists at the International Student Advising Office, please request an appointment by email to the email address stated below. **We provide counseling both online and face-to-face.** Please consult us via email.

As for 'KI-ZU-NA' advising, no reservation is required. Please visit during the office hours detailed below.

Inquiries by emails are accepted at any time, however, it may take a few days to process the inquiry. **Please write down your chief complaint for example, "I'm feeling down" or "I have on/off campus matters requiring assistance", etc.**

E-mail: advising\_international@mail.assdr.kyoto-u.ac.jp \* Please replace "\*" with "@".

### 予定表 Schedule

#### 留学生ラウンジ「きずな」 Student Lounge 'KI-ZU-NA'

月～金 10:00-17:00 (相談員: 今井 亜砂子) Monday-Friday 10:00-17:00 (Advisor: IMAI, Asako)

月～金 9:00-17:00 (相談員: 西村 俊克) Monday-Friday 9:00-17:00 (Advisor: NISHIMURA, Toshikatsu)

#### 留学生相談室 Int'l Student Advising Office

曜日 Day	時間 Hours	スタッフ Staff	場所 Place
月曜 Mon.	10:00-17:00	梁瀬 まや (精神科専門医/医師) YANASE, Maya (Psychiatrist, Medical Doctor)	留学生相談室 Int'l Student Advising Office
火曜 Tue.	10:00-17:00	西岡 真由美 (公認心理師/臨床心理士) NISHIOKA, Mayumi (Licenced Clinical Psychologist)	留学生相談室 Int'l Student Advising Office
水曜 Wed.	10:00-17:00	西岡 真由美 (公認心理師/臨床心理士) NISHIOKA, Mayumi (Licenced Clinical Psychologist)	留学生相談室 Int'l Student Advising Office
木曜 Thu.	9:00-17:00	菱田 一仁 (公認心理師/臨床心理士) HISHIDA, Kazuto (Licenced Clinical Psychologist)	留学生相談室 Int'l Student Advising Office
金曜 Fri.	10:00-17:00	梁瀬 まや (精神科専門医/医師) YANASE, Maya (Psychiatrist, Medical Doctor)	留学生相談室 Int'l Student Advising Office