

**Kyoto University's Policy on the Novel Coronavirus (COVID-19) (Ver. 9)**

**— Regarding Overseas Travel, Etc. —**

Kyoto University has adopted the following policy regarding overseas travel, etc.

**1. Overseas Travel**

**(1) Regarding travel to countries and regions for which MOFA has issued a travel warning and/or infectious disease warning of Level 3 (avoid all travel)**

Based on the university's Criteria for Overseas Travel Permission, a "travel not permitted" instruction applies for students and a "travel not permitted in principle" instruction applies for faculty and staff members. However, the university requests all persons to refrain from overseas travel.

**(2) Regarding travel to countries and regions for which MOFA has issued a travel warning and/or infectious disease warning of Level 2 (avoid non-essential travel)**

- Based on the university's Criteria for Overseas Travel Permission, a "travel not permitted in principle" instruction applies for students, and a "requires consideration" instruction applies for faculty and staff members. Travel permission for persons who need to travel overseas must be decided based on careful consideration of all relevant factors, including the following:
  - Whether or not the travel is unavoidable for work-related reasons.
  - Whether or not the persons traveling will be able to take all possible safety measures (see item (3) below).
  - Whether or not the persons' work will be negatively impacted by the required periods of self-quarantine in the destination country and in Japan after their return. (The self-quarantine must be undertaken at home or in a hotel.)

The overseas travel safety information, travel warnings, and infectious disease warnings issued by Japan's Ministry of Foreign Affairs (MOFA) and each country's COVID-19 prevention measures are constantly changing. Therefore, please confirm the updated information frequently—not only when deciding whether or not to travel, but also before and during any travel undertaken.

Persons considering travel for personal reasons are recommended to decide whether or not to undertake the travel in accordance with items (1) and (2).

Kyoto University "Criteria on overseas travel permission"

<https://www.kyoto-u.ac.jp/sites/default/files/inline-files/Criteria-for-overseas-travel-permission-d2d4a1c80a60915bb9d616d5f72b5d9f.pdf>

### (3) Overseas travel safety during the novel coronavirus pandemic

Persons who need to travel overseas during the novel coronavirus pandemic must ensure that they take all possible safety measures relating to the virus, in addition to the usual safety measures required for overseas travel, such as:

- Obtain updated safety information
  - Obtain the contact information of relevant local organizations, and prepare for potential emergencies
  - Prepare an emergency contact list
  - Obtain an emergency manual containing details of the necessary procedures to be taken in the event of an accident, etc.
  - Enroll in Tabi-regi (MOFA's overseas travel registration service) or register with the safety information and alert notification system provided by your own country.
  - Enroll in overseas travel insurance
- ① Confirm the entry and activity restrictions in effect at the destination before traveling and make the necessary preparations. Entry and activity restrictions may include:
- Entry restrictions, and suspension of visa issuance
  - Submission of a negative COVID-19 detection test result required for entry into the country.
  - Strengthened quarantine measures, such as a mandatory COVID-19 detection test when entering the country, and other requirements.
  - Travel restrictions and the suspension of public transport services (including domestic flights).
  - Bans on meetings, orders to suspend business, requirements for wearing face masks, etc.
- ② Be sure to confirm the necessary safety measures, and instruct travelers to take all required safety measures before and during travel.
- Instruct travelers to take the safety measures detailed in “9. Measures to prevent infectious diseases that spread internationally” in the leaflet “Safe Travels Abroad.”  
(<https://www.kyoto-u.ac.jp/en/about/publications/safe-travels-abroad>)
  - Instruct travelers to take all possible preventive and safety measures based on the latest information regarding the spread of infection and other safety information about the destination provided by MOFA and relevant local authorities.
  - Instruct travelers to prepare face masks, a thermometer, disinfectants, etc., to prevent infection, and to prepare food and daily goods in the case of lock down and/or activity restrictions.
  - Be sure to confirm that the traveler has overseas travel insurance with unlimited coverage for medical treatment and rescue expenses, and that the insurance covers medical treatment expenses for novel coronavirus infection.
  - Communicate with travelers, relevant local authorities, and university staff in Japan on a regular basis to confirm the health and safety of travelers.

- ③ Create a list or manual of procedures to be taken (in consultation with relevant local authorities) at the destination and in Japan if travelers are infected or are suspected to be infected with the novel coronavirus. Be sure to confirm and share information regarding the following:
- Public consultation services at the destination.
  - Local organizations that infection must be reported to.
  - Emergency contacts.
  - Clinics that can provide novel coronavirus consultation and treatment to international patients.
  - Contact details of the relevant embassy and consulate.
  - Requirements regarding room disinfection and other local requirements.
  - Persons who experience symptoms such as a fever or coughing while abroad should contact the public consultation services available at the destination, seek medical care at a local clinic, and report the examination results to their department immediately.
- ④ If necessary, consider postponing or cancelling the travel, or instructing travelers to return earlier than scheduled in consideration of the following:
- Travelers may become unable return to Japan due to travel restrictions, border closures and/or suspension of flight services.
  - Daily life may become difficult, or it may become difficult to complete the planned education/research activities due to a local lock down or activity restrictions.
  - It may be difficult to receive proper medical care for a novel coronavirus infection or other illnesses due to an insufficient local health care system.

**(4) Border controls implemented by the Japanese government**

- Both Japanese and foreign nationals traveling to Japan are subject to a 14-day period of self-quarantine at a location designated by the Quarantine Office, and are instructed not to use public transport during the 14-days period (they will be instructed to travel in their own car or in a vehicle rented at the airport).
- Travelers must report their self-quarantine location and mode of transportation from the airport to the Quarantine Office upon arrival.  
Travelers who have visited areas subject to immigration restrictions within 14 days prior to entering Japan are required to receive a COVID-19 detection test and wait for the result at a designated place.
- As a general rule, foreign nationals who have visited areas subject to entry restrictions within 14 days prior to their arrival in Japan are not permitted to enter or re-enter Japan, except in exceptional circumstances. Please see the websites below for more details.

For reference:

Ministry of Health, Labour and Welfare: Q&A on the strengthened border control measures (in

Japanese)

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou\\_iryuu/covid19\\_qa\\_kanrenkigyuu\\_00001.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou_iryuu/covid19_qa_kanrenkigyuu_00001.html)

Ministry of Justice: Regarding denial of landing to prevent the spread of COVID-19

[http://www.moj.go.jp/isa/hisho06\\_00099.html](http://www.moj.go.jp/isa/hisho06_00099.html)

Ministry of Foreign Affairs: Phased Measures for Resuming Cross-Border Travel

[https://www.mofa.go.jp/ca/cp/page22e\\_000925.html](https://www.mofa.go.jp/ca/cp/page22e_000925.html)

## 2. **If you are traveling (or returning) to Japan from overseas**

- (1) Please immediately report the following information to your department: the country in which you have stayed, the date of your arrival in Japan, your health condition at the time of your arrival in Japan (whether or not you have a fever, cough, sore throat, shortness of breath, general malaise, or diarrhea, or whether you have taken medicine for a fever or cough, etc.)
- (2) If you have symptoms such as a fever or coughing upon your arrival in Japan, please be sure to report it to a quarantine officer at the airport, as well as to your department.

## 3. **After traveling (or returning) to Japan from overseas**

- (1) If you have been abroad, please be sure to monitor your health for any symptoms such as the following for at least two weeks (recording your physical condition and temperature): fever, coughing, a sore throat, shortness of breath, general malaise, or diarrhea, etc.
- (2) Please continue to monitor your health carefully, and stay at home (studying at home, etc.) unless you must go out due to unavoidable circumstances.
- (3) If you have any symptoms associated with the novel coronavirus, please do not go directly to a medical facility in person. First, be sure to consult with a consultation service or local public health center and report it to your department.

## 4. **In the case that a student, faculty member, or staff member is confirmed to be infected with the novel coronavirus or has symptoms similar to those of the novel coronavirus**

If a student, faculty member, or staff member is confirmed to be infected with the novel coronavirus (or has symptoms similar to those of the novel coronavirus), please follow the procedures described in “Procedures to be Followed if a Student, Faculty Member or Staff Member is Confirmed as Infected with the Novel Coronavirus (Ver.3). \*”

<https://www.kyoto-u.ac.jp/sites/default/files/inline-files/corona-taiou-v5-en-f9040f18abd450d6e0922243fb38ff39.pdf>

\*Please note: the “Procedures to be Followed if a Student, Faculty Member, or Staff Member is Confirmed as Infected with the Novel Coronavirus” were revised on February 22, 2021 (Version 5 is now the current version).

## 5. **Other important precautions**

If you have any symptoms, please do not go directly to a medical facility in person. First, be sure to contact a consultation service or local public health center and follow their instructions. Please also report the matter to your department and the university clinic (075-753-2405) and continue to keep them updated of the situation

### **Information issued by the university**

Website of the Kyoto University Health Service:

<http://www.hoken.kyoto-u.ac.jp/>

### **Consultation Services**

- A. Ministry of Health, Labor and Welfare (Japanese only): 0120-565653 (toll free, 9:00–21:00)
- B. Japan Visitor Hotline, Japan National Tourism Organization (English, Chinese, Korean and Japanese): 050-3816-2787 (24 hours per day)
- C. If you have symptoms such as a fever while staying in Kyoto, please consult a local clinic by telephone. If you cannot contact a local clinic due to it being a holiday or late at night, please call the Kyoto COVID-19 Medical Consultation Center (details below).

Kyoto COVID-19 Medical Consultation Center

Tel: 075-414-5487 (available 24 hours per day)

Languages, Japanese, English, Chinese, Korean, Portuguese, Spanish, Vietnamese

\*Residents of other prefectures should contact the relevant consultation service or nearest Public Health Center.

### **Links**

Ministry of Education, Culture, Sports, Science and Technology (MEXT):

Responses to the novel coronavirus infection (in Japanese)

[https://www.mext.go.jp/a\\_menu/coronavirus/index.html](https://www.mext.go.jp/a_menu/coronavirus/index.html)

Ministry of Foreign Affairs of Japan (MOFA) (in Japanese)

Overseas Travel Safety Information

<https://www.anzen.mofa.go.jp/>

Status of the Novel Coronavirus in each country or region

[https://www.anzen.mofa.go.jp/covid19/country\\_count.html](https://www.anzen.mofa.go.jp/covid19/country_count.html)

Entry and activity restrictions imposed on travelers from Japan by each country or region

[https://www.anzen.mofa.go.jp/covid19/pdfhistory\\_world.html](https://www.anzen.mofa.go.jp/covid19/pdfhistory_world.html)

Website of the Office of the Prime Minister of Japan:

Measures we can take to prevent new coronavirus infections

(in Japanese) <http://www.kantei.go.jp/jp/headline/kansensho/coronavirus.html>

(in English) [http://japan.kantei.go.jp/ongoingtopics/\\_00013.html](http://japan.kantei.go.jp/ongoingtopics/_00013.html)

(in Chinese) [http://www.kantei.go.jp/cn/japan\\_intro/2020/\\_00049.html](http://www.kantei.go.jp/cn/japan_intro/2020/_00049.html)

Website of Japan's Ministry of Health, Labour and Welfare (MHLW):

Information on the novel coronavirus infection

(in Japanese) [https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708\\_00001.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00001.html)

(in English) [https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage\\_00032.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_00032.html)

(in Chinese) [https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage\\_09534.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_09534.html)

Quarantine Information Office (FORTH): Information Regarding the Novel Coronavirus

(in Japanese) <https://www.forth.go.jp/news/20200129.html>

World Health Organization (WHO):

Coronavirus: <https://www.who.int/health-topics/coronavirus>

Situation Reports: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports/>

Kyoto Prefecture Website: Information on the novel coronavirus infection

(in Japanese) <https://www.pref.kyoto.jp/kentai/news/novelcoronavirus.html>

(in English) [https://www.pref.kyoto.jp/kokusai/coronavirus\\_update.html](https://www.pref.kyoto.jp/kokusai/coronavirus_update.html)

(in Chinese) [https://www.pref.kyoto.jp/kokusai/coronavirus\\_cn.html](https://www.pref.kyoto.jp/kokusai/coronavirus_cn.html)

Kyoto City Official Website (in Japanese)

<https://www.city.kyoto.lg.jp/index.html>

Contact:

Risk Management Section, General Affairs Department

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