

July 31, 2020

To all students,

Notice: novel coronavirus (COVID-19) prevention measures (Ver. 3)

The Japanese government lifted the state of emergency regarding the novel coronavirus on May 25. However, this does not mean that there is no further risk of infection. The number of untraceable coronavirus infections has recently continued to increase, and there are concerns that Japan has now entered a second wave of the pandemic. The number of novel coronavirus infections in Kyoto Prefecture also reached the prefectural “special warning level” on July 29.

We ask all students to continue taking all possible measures to prevent infection, in line with the Japanese government’s “new lifestyle” proposals, and as detailed in the previous notice regarding the prevention of infection that was issued by the university on March 31.

If you are confirmed to have had close contact with an infected person, please be sure to report the situation to your faculty or department of affiliation.

As the situation is continuously changing, the university will continue to provide updated information through the KULASIS and the Kyoto University website. Please keep checking the updated information, as well as the information provided by Japan’s national and local governments, and please exercise appropriate caution in your daily life.

Shinsuke Kawazoe

Executive Vice-President for Student Affairs and Personnel

**Please take appropriate measures to prevent infection, and to ensure that the virus is not transmitted to others.**

1. Be sure to take appropriate preventive measures (including maintaining a physical distance from others, wearing a mask, and washing hands).
  - ① Maintain a two-meter social distance from others.
  - ② The virus may be transmitted via objects such as door knobs used by an infected person after they have coughed or sneezed into their hands. Please be sure to cover your nose and mouth with a face mask, tissue, handkerchief, or your sleeve when you cough or sneeze.
  - ③ The virus can be transmitted through contact. To prevent infection, you should wash your hands frequently or clean your hands with a hand sanitizer (alcohol-based hand scrubs are also effective).  
In particular, this should be done when returning home, before and after cooking, and before meals.
2. Avoid the “3 Cs” of Closed spaces, Crowded places, and Close-contact, and also avoid sharing things with others as much as possible, including equipment and electronic device.

- ① Spending time in a space without sufficient distance between individuals increases the risk of infection. Please avoid crowded places as much as possible.
  - ② Frequently open windows and doors to ventilate rooms, and disinfect the surfaces of equipment, devices and other objects that may be handled or touched.
3. It is also important to maintain a balanced lifestyle and eat a balanced diet in order to maintain a healthy immune system.
  4. Monitor your health daily.  
Monitor your health daily, including checking your temperature and physical condition. If you have any cold-like symptoms, including a fever or coughing, you are requested to stay at home to recuperate, or study at home in order to prevent the spread of the infection. (For more details about how to arrange studying at home, please ask the relevant section in charge in your department.)
  5. Refrain from holding gatherings over food and drink  
It has been reported that gatherings over food and drink have been a common cause of the spread of infection throughout Japan. There have also been reports of university students who have been infected after participating in such gatherings. Please, therefore, refrain from eating and drinking with others for the time being.
  6. Exercise utmost caution when traveling with a group  
Group tours and events with numerous participants, such as university club or circle excursions, can cause a risk of infection. Please exercise the utmost caution with regards to such activities.

If you have returned to (or travelled to) Japan from an endemic area, or if you have been in contact with an infected patient, you should monitor your health carefully for at least two weeks after leaving the area or being away from the patient. If you have any symptoms, please consult with a local public health center. You are requested to stay at home (studying at home) and not to come to the university, so that you can carefully monitor your health, and in order to prevent the spread of the infection. For more details about how to arrange studying at home, please ask the relevant section in charge in your department.

**Please do not let symptoms become severe.**

It is reported that young people who become infected have less risk of serious illness, and so those with mild symptoms are requested to stay at home without visiting a clinic. However, if you develop any severe symptoms, you must go to a clinic.

1. If you experience any of the symptoms below, please contact an appropriate telephone consultation service, such as a consultation service for persons recently arrived in Japan or who may be at risk of infection.
  - ① If you have a severe feeling of fatigue or difficulty breathing.
  - ② If you have had cold-like symptoms or a fever of 37.5°C or higher for four days or more (including cases in which you have to take fever medicine.)

\*Elderly persons and persons with a preexisting condition are recommended to contact a

consultation service as soon as possible

**If you are infected with the coronavirus or have had close contact with an infected person**

1. If you are diagnosed as infected by the novel coronavirus, you must either be hospitalized or recuperate at home (you are not permitted to come to the university). You must notify your department of affiliation of the situation.
2. Regarding whether you can come to the university after you have recovered from the virus (after you were released from hospital or after a period of isolation at home or in a hotel), please follow the instructions of the doctor supervising your treatment and the local public health center. You must notify your department of affiliation of the situation.
3. If you have been in close contact with someone who is diagnosed as infected with the coronavirus, you must stay at home (continuing your studies at home). You must notify your department of affiliation of the situation.
4. The university will do its best to ensure that students who cannot attend classes because they are infected, or suspected to be infected, with the coronavirus are not disadvantaged. Please prioritize preventing the spread of infection.

**A final note**

Anyone can become infected with the novel coronavirus or come into contact with an infected person. The university will not tolerate any form of prejudice or discrimination against persons who are infected or who have close contact with an infected person. Please also refrain from disclosing personal information about such persons on social networking services (SNS).

**Novel coronavirus information and consultation services**

Information provided by the university

- Kyoto University's Response to the Novel Coronavirus (COVID-19)  
<https://www.kyoto-u.ac.jp/en/about/safety/coronavirus.html>
- Request for student clubs and circles to refrain from recruitment activities due to the spread of the novel coronavirus (COVID-19)  
[https://www.kyoto-u.ac.jp/en/about/safety/documents/recruitment\\_activities.pdf](https://www.kyoto-u.ac.jp/en/about/safety/documents/recruitment_activities.pdf)
- Request to refrain from holding extracurricular activities to prevent the spread of the novel coronavirus  
[http://www.kyoto-u.ac.jp/ja/about/foundation/coronavirus/documents/200302\\_1.pdf](http://www.kyoto-u.ac.jp/ja/about/foundation/coronavirus/documents/200302_1.pdf) (in Japanese)
- Refraining from extracurricular activities and temporary suspension of the use of facilities  
[https://www.kyoto-u.ac.jp/en/about/safety/documents/200331\\_1.pdf](https://www.kyoto-u.ac.jp/en/about/safety/documents/200331_1.pdf)
- Request to students following a recent novel coronavirus outbreak at the university  
[https://www.kyoto-u.ac.jp/en/about/safety/documents/200727\\_1.pdf](https://www.kyoto-u.ac.jp/en/about/safety/documents/200727_1.pdf)
- The website of the Kyoto University Health Service  
<http://www.hoken.kyoto-u.ac.jp/>

The university clinic provides a telephone consultation service for inquiries about the novel coronavirus.  
The university clinic's telephone consultation service: 075-753-2405

#### Consultation services

- Ministry of Health, Labour and Welfare (Japanese only): 0120-565653 (toll free, 9:00–21:00)
- Kyoto City consultation service for persons recently arrived in Japan or who may be at risk of infection (Japanese only): 075-222-3421 (24 hours per day)
- Kyoto Prefecture consultation service for persons recently arrived in Japan or who may be at risk of infection (available in Japanese, English, Chinese, Korean, Portuguese, Spanish, and Vietnamese\*): 075-414-4726 (24 hours per day).  
\*Note: Vietnamese support available from 8:00–22:00 only)
- Uji City, Yamashirokita Health Center (Japanese only): 0774-21-2911 (Weekdays, 8:30–17:15)  
\*Residents of cities other than those listed above should contact the relevant consultation service or the nearest Public Health Center.

#### Links

- Ministry of Education, Culture, Sports, Science and Technology (MEXT): Responses to the novel coronavirus infection (in Japanese)  
[https://www.mext.go.jp/a\\_menu/coronavirus/index.html](https://www.mext.go.jp/a_menu/coronavirus/index.html)
- Website of the Office of the Prime Minister of Japan: Measures we can take to prevent new coronavirus infections  
(in Japanese) <http://www.kantei.go.jp/jp/headline/kansensho/coronavirus.html>  
(in English) [http://japan.kantei.go.jp/ongoingtopics/\\_00013.html](http://japan.kantei.go.jp/ongoingtopics/_00013.html)  
(in Chinese) [http://www.kantei.go.jp/cn/japan\\_intro/2020/\\_00020.html](http://www.kantei.go.jp/cn/japan_intro/2020/_00020.html)
- Website of Japan's Ministry of Health, Labour and Welfare (MHLW): Information on the novel coronavirus infection  
(in Japanese) [https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708\\_00001.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00001.html)  
(in English) [https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage\\_00032.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_00032.html)  
(in Chinese) [https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage\\_09534.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_09534.html)
- World Health Organization (WHO): Coronavirus  
(in English) <https://www.who.int/health-topics/coronavirus>
- Kyoto Prefecture Website: Information on the novel coronavirus infection  
(in Japanese) <https://www.pref.kyoto.jp/kentai/news/novelcoronavirus.html>  
(in English) [https://www.pref.kyoto.jp/kokusai/coronavirus\\_update.html](https://www.pref.kyoto.jp/kokusai/coronavirus_update.html)  
(in Chinese) [https://www.pref.kyoto.jp/kokusai/coronavirus\\_cn.html](https://www.pref.kyoto.jp/kokusai/coronavirus_cn.html)
- Kyoto City Official Website: Emergency Information on the novel coronavirus infection (in Japanese)  
<https://www.city.kyoto.lg.jp/hokenfukushi/page/0000266590.html>